



Recognition of Our Gratitude

The foundation of our recognition of our gratitude can be found in Christ. Jesus is the cornerstone rejected by the builders. Christ is the cornerstone upon which the church has been built over the centuries.

The Lord has indeed done marvelous things. First and foremost, this can be seen in our salvation through Christ on the cross, but daily we have a great many marvelous things for which we can be truly grateful. From the spectacular to the mundane, our lives are blessed with a panoply of marvelous things that God has done and continues to do for us.

We can easily rush through life and miss so many of these blessings. Perhaps with this reminder to cultivate gratitude, we can begin by working to grow our recognition of just how many ways in which God daily blesses us. With a Sabbath rest in our hearts, we may allow ourselves a moment of pause to contemplate and examine these blessings. Identifying and rejoicing to God for them.

Thoughts for Reflection

For our reflection, simply use the space below to list the blessings that God has provided to you. Take 30 minutes to really explore and catalog these blessings.

Open to me the gates of righteousness,
that I may enter through them
and give thanks to the Lord.

This is the gate of the Lord;
the righteous shall enter through it.

I thank you that you have answered me
and have become my salvation.

The stone that the builders rejected
has become the cornerstone.

This is the Lord's doing;
it is marvelous in our eyes

**This is the day that the Lord has made;
let us rejoice and be glad in it.**

Psalm 118:19-24