



CONVERSATION PROMPTS AND ACTIVITIES

Families are busy. For most of us, this means we're spending more and more time in our cars together. As easy as it is to turn on a movie or music and zone out, drive time is one of the few situations where you literally have a captive audience. We want to help you maximize this time by giving you a few suggestions for conversation prompts and activities to engage with your kids.

Whether you're on a road trip for Spring Break or summer vacation, taking a long drive to a relative's house, or even on the way to baseball practice, this resource can help you turn your kid's eyes away from devices and toward you . . . and one another!



YOUNGER KIDS

(Preschool - Elementary)

Conversation Prompts

1. What is the best thing that's happened to you this week? What's the worst thing?
2. Besides a cat or a dog, what is your dream pet? If we had one, what would you name it? Would you dress it up? Where would it sleep?
3. If you had \$20, what would you spend it on and why?
4. If you could be invisible for one day, what would you do?
5. If you could build anything outside, what would it be?
6. I noticed you like to play with (name of friend). What do you like best about them? What would you like to know about my best friend growing up?
7. Let's talk about the favorite games we like to play. You go first; then I will tell you what I liked to play when I was your age.

Activities

1. Name a color and see who can be the first to spot 10 items of that color outside of the car.
2. Looking at license plates, have your child try to find the numbers 0-9.
3. Play **Would You Rather?** Take turns asking silly or serious questions like: "Would you rather eat a worm or a bug?" or "Would you rather take a hard test at school or try something you've never done before, like bungee jumping?"
4. Make up a story one sentence at a time. Start off with one sentence, then the next person has to pick up where you left off, moving from person to person until the story has a resolution.
5. Working your way through the alphabet, take turns naming things you're so hungry you could eat. For example, "YOU: I'm so hungry, I could eat an Aardvark. YOUR KID: I'm so hungry I could eat a Buffalo."



OLDER KIDS

(Middle School - High School)

Conversation Prompts

1. Who are your top three friends right now?
2. What's your new favorite thing in your life right now? What was something that was your favorite that you don't like anymore? What's a movie or song that all your friends are talking about?
3. What would you do on your "perfect" day?
4. What would be your dream job?
5. If you could know three things about the future, what would they be?
6. What do you think about some of the stories we've heard in the news lately, for instance _____?
7. Do you ever wonder what it was like to be me when I was a kid? What would you like to know?

Activities

1. Think of a favorite movie or TV show that is playing now or on Netflix. Your teen gets to ask 20 questions before they have to guess what movie or TV show you are thinking about. Take turns seeing who can guess correctly with the fewest number of questions.
2. Using the radio, press "Seek" and let the station land wherever it randomly does. See who can guess the name of the song (3 points) and/or the artist (2 points) that plays next. Keep track of the points and see who wins.
3. Before your trip, prepare a playlist of your favorite songs and ask your teen to do the same. Go back and forth, playing one song each. After each song, the person who chose it gets to tell what they like about that song.
4. Carry on a conversation using song lyrics or song titles only. Whoever gets stumped first loses!
5. Someone names a person who's famous (from the world of entertainment, sports, politics, etc.). For example, Tom Brady. The other person has 30 seconds to name another famous person whose first name starts with the first letter of the previous famous person's last name. For example, (Brady) Bill Gates.